

Embrace families.  
Change lives.

While Sheltering Arms has long supported families by offering affordable, high-quality education and care to children, we've also embraced a higher standard: a two-generation approach, a responsive philosophy and an intentional practice of serving children and the adults in their lives simultaneously.

**WHAT IS TWO-GENERATION?**

We all want families to thrive, but fragmented approaches that address the needs of children and their parents separately often leave one or the other behind. Child care alone does not address the struggles of a working parent. A **two-generation approach sees families holistically and provides opportunities for children and their parents together**, creating a legacy of child and family well-being that passes from generation to generation.

**SHELTERING ARMS' TWO-GENERATION APPROACH**

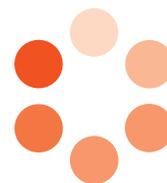
Seven family support teams support the parents of children enrolled at Sheltering Arms. Each team consists of a Family Support Team Leader and four Family Support Coaches, whose goals are aligned with the Head Start Parent Family & Community Engagement Framework (PFCE).<sup>1</sup>

Our two-generation core impact areas include:

**FAMILY ENGAGEMENT & SOCIAL CAPITAL**

- Connections between parents
- Parent leadership organizations (PLO)
- Literacy, STEAM and other family events
- Regular personal contacts and visits with parents





A combination of quality early education for children and post-secondary education for parents is central to moving families forward, toward health and economic security.

#### HEALTH & WELLNESS

- Health education
- Access and navigation to health care
- Regular check-ins with parents about their child's growth and development
- Toxic stress prevention
- Support to build strong parent-child relationships

#### ECONOMIC SUPPORTS

- Financial education using Mobility Mentoring<sup>®2</sup>, a partnership program that helps participants acquire the resources and skills necessary to attain and preserve economic independence

#### POST-SECONDARY EDUCATION & EMPLOYMENT PATHWAYS

- Connections to post-secondary education opportunities
- Assistance with student loan application
- Person-to-person referrals to workforce agencies

#### SCHOOL READINESS & TRANSITION

- Comprehensive planning designed to smooth transitions to Kindergarten
- Individual child transition plans
- Engagement with local school kindergarten programs

<sup>1</sup> The Office of Head Start (OHS) Parent, Family, and Community Engagement (PFCE) Framework is a road map for progress. It is a research-based approach to program change designed to help Head Start programs achieve outcomes that lead to positive and enduring change for children and families. <https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/family/framework>

<sup>2</sup> <https://www.empathways.org/our-work/mobility-mentoring>